



RETURN TO PLAY

GUIDELINES & SAFETY PROTOCOLS

On Match Day

STEP 1: COVID Pre Screening forms

All teams have been provided a google form link to complete pre-screening no more than 24 hrs prior to games and training. All players, coaches, and any assistants must complete the form prior to entering the field. Anyone not completing the form should not enter the field and must remain in the spectator areas.

****If a player answers yes to any question or exhibits COVID-19 symptoms, he/she will not be permitted to play.***

****Both teams will be responsible for ensuring all participants have successfully completed the form prior to participation.***

STEP 2: Arrival at the field by team officials, coaches, players, and families should not be prior to 30 minutes prior to scheduled kickoff.

STEP 3: All players should have ball, hands, and goalkeeper gloves sanitized prior to stepping onto the field.

All coaches should have any shared equipment such as cones and pinnies sanitized prior to each match. Pinnies cannot be shared between players. Pinnies must be washed and sanitized before and after each use.

All players should wear masks upon entry to the facility. Players' masks can be removed after equipment is placed in "player station" and are ready to begin warm up.

All spectators should keep masks on for the duration of their time at the facility.

STEP 4: Physical distancing of 10 feet should be maintained on the bench between players and coaches. Coaches are to set cones or markers for player bags, water, and equipment along the sideline to maintain a distance of 10 feet between each “player station”.

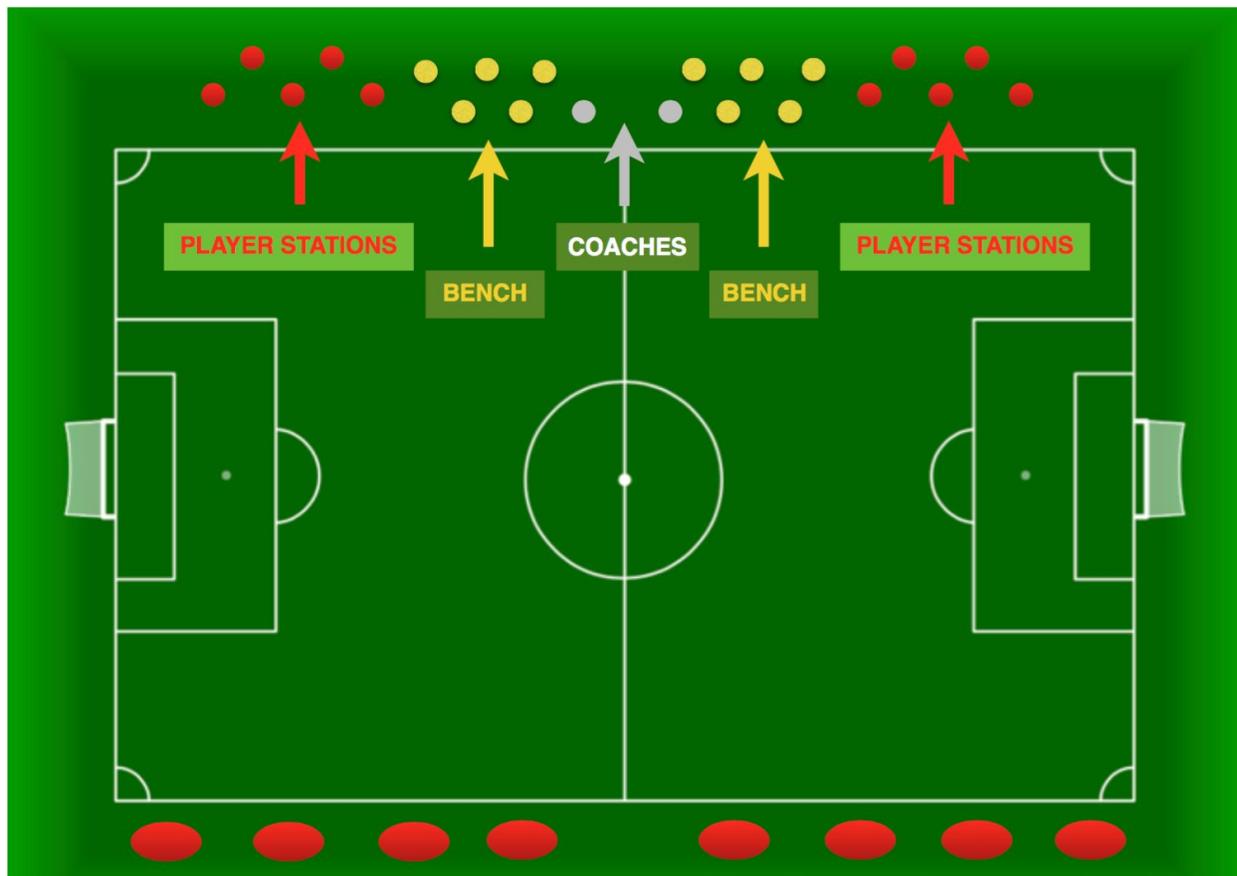
Substitutes are required to wear a mask and maintain physical distancing of 10 feet while on the sidelines.

Substitutes waiting to enter the field at the halfline should maintain a distance of 10 feet from opposing players waiting to enter the field.

Spectators must maintain physical distancing of 10 feet from other cohort groups.

NO SHARED BENCHES ALLOWED. Players may bring their own chairs for the sideline to use when substituted.

See Diagram for sideline protocol.



STEP 5: All team officials, players, and match officials must sanitize hands immediately after the match, and exit the field within 5 minutes after the match, to allow for participants in the following match to enter the field while preventing co-mingling of groups.

Entrance and Exit Routes by Field

[Click Here for Lee District Park](#)

[Click Here for Edison Stadium and Edison Lower Field](#)

[Click Here for West Potomac High School](#)