RETURN TO PLAY (RTP) PROTOCOLS:

· Check your child’s attendance on Playmetric –
  Marking your child’s attendance will give you access to the required “Pre-Screening
  Take your temperature.
  If your child becomes ill for any reason, please do not send your child to train.
  If anyone in your household has tested positive to COVID-19, planning to be tested due
  to going back to work, school or having symptoms, and or returning from domestic travel
  please notify director@lmvsc.org immediately.
· Players and spectators are required to follow “ENTRANCE AND EXIT” signs:
  · Players must wear mask to and from games and training
  · When training, Masks are not required.
  · Spectators are required to wear mask and social distance.
  · Wash hands thoroughly before and after training.
  · Do not touch or share anyone else’s equipment, water, food, or bags.
  · Practice social or physical distancing, place bags and equipment at least 10 feet apart.
  · Do not touch Coaches equipment
  · No group celebrations, high-5s, hugs, handshakes, fist-bumps, etc.
  · Follow all CDC guidelines as well those of your local health authorities.
  · Players must exit the field of play immediately following a practice or a game.

CDC Recommended Guidelines

Who needs to quarantine?

People who have been in close contact with someone who has COVID-19—excluding people who have had COVID-19 within the past 3 months.

People who have tested positive for COVID-19 do not need to quarantine or get tested again for up to 3 months if they do not develop symptoms again. People who develop symptoms again within 3 months of their first bout of COVID-19 may need to be tested again if there is no other cause identified for their symptoms.

What counts as close contact?

· You were within 6 feet of someone who has COVID-19 for a total of 15 minutes or more
· You provided care at home to someone who is sick with COVID-19
· You had direct physical contact with the person (hugged or kissed them)
· You shared eating or drinking utensils
· They sneezed, coughed, or somehow got respiratory droplets on you

Steps to take

Stay home and monitor your health

· Stay home for 14 days after your last contact with a person who has COVID-19
• Watch for fever (100.4°F), cough, shortness of breath, or other symptoms of COVID-19
• If possible, stay away from others, especially people who are at higher risk for getting very sick from COVID-19