

## 2020-2021 Basketball Recommendations

*The modifications outlined in this document are meant to decrease potential exposure to respiratory droplets by encouraging social distancing, limiting participation in administrative tasks to essential personnel and allowing for appropriate protective equipment.*

### Return to Competition

#### Basketball Rules Recommendations

- ❖ Pregame Protocol: Limit attendees to the referee and the head coach or their designee from each team with each coach standing on the center circle on each side of the division line.
  - All individuals maintain a social distance of 6 feet or greater at the center circle.
- ❖ Team Benches: Social distancing should be practiced when possible. Below are some suggestions.
  - Limit the number of bench personnel to observe social distancing of 6 feet or greater.
  - If possible, place team benches opposite the spectator seating.
  - Additional chairs or rows may be added to allow bench personnel to observe social distancing of 6 feet or greater.
  - Create separation between the team bench and spectator seating behind the bench if possible.
  - Use the first level of the bleachers as overflow for team personnel.
  - Limit contact between players when substituting.
- ❖ Officials Table
  - Limit the number of bench personnel to observe social distancing of 6 feet or greater.
  - The host should sanitize the table before the game and at half time.
  - Place officials table sufficiently away from the sideline to allow for additional space for substitutes.
  - Limit seats at the table to essential personnel which includes scorers and timer with a recommended distance of 6 feet or greater between individuals.

#### Basketball Rules Interpretations

- ❖ Equipment and Accessories
  - Basketball
    - Ball given to officials in the locker room, where it is sanitized as recommended by the ball manufacturer and not used for warm-ups.
    - The host school should ensure that the ball is sanitized during time-outs and between quarters.
    - Sanitizer should be provided by the host team at the table.

#### Expectations for all games

- ❖ Jump Ball
  - The jump ball will be eliminated with the visiting team receiving the first possession of the game.
  - To start an overtime period, coin toss will determine which team is awarded the ball.
- ❖ No spectators will occupy the first row of bleachers so as to maintain 6 feet social distancing from the bench area and court.
- ❖ Cheerleaders will maintain, at all times, 6 feet social distancing from other squad members as well as members of the team and officiating crew.
- ❖ When team personnel occupy the rows in the bleachers, maintain at least one row between them and any spectators.

### Notes

- Teams conducting out-of-season workouts will continue to abide by Phase 3 Guidelines as established by the VHSL and the Virginia Department of Health, regardless of established adjustments allowed for in-season teams to conduct regular season and postseason events.
- During times of substantial COVID-19 activity in a community, participating in recreational sports that involve close contact with others may increase risk of COVID-19 transmission and is not advisable. This is especially true with large events. Consider the extent of community transmission in a region/locality when deciding whether to participate. During times of significantly increasing disease spread, organizers of such events should consider cancelling or postponing competition in favor of lesser risk activities such as low-contact drills or practices.