



Fall 2023 Coaching Clinics

Coaches who are registered for the Fall 2023 season are welcome to attend these sessions.

PRE-SEASON COACH CLINICS WILL BE HELD AT:

Manchester Lakes Park (MLP)
6204 Charles Arrington Dr. 22310

and

Franconia District Park (FDP)
6601 Telegraph Rd. 22310

SATURDAY, AUGUST 19th

9:00am - 10:30am at MLP
Coaches of 5th & 6th Grade Teams

- ⇒ Great Practice Activities
- ⇒ Game Day - Team Formations & Tactics

SATURDAY, AUGUST 19th

11:00am - 12:30pm at MLP
Coaches of 2nd Grade Teams

- ⇒ Player Management Ideas
- ⇒ Running a Great Practice Session
- ⇒ Game Day

SUNDAY, AUGUST 20th

2:00pm - 3:30pm at MLP
Coaches of Kindergarten and 1st Grade Teams

- ⇒ Player Management Ideas
- ⇒ Running the Practice Session
- ⇒ Game Day

SATURDAY, AUGUST 26th

8:30am - 10:00am at FDP
Coaches of 2nd, 3rd & 4th Grade Teams

- ⇒ Understanding the **Build Out Line**
Practices activities to help players use the Build Out Line

SATURDAY, AUGUST 26th

10:30am - 12:00pm at FDP
Coaches of 3rd - 8th Grade Teams

- ⇒ Running a Great Practice Session
Progression, Activities, Transitions

SATURDAY, AUGUST 26th

6:30pm - 8:00pm at FDP
Coaches of 2nd Grade and Older Teams

- The Goalkeeper!**
- ⇒ Teaching basic GK techniques
- ⇒ Training the GK as part of the team

SUNDAY, AUGUST 27th

2:00pm - 3:00pm at MLP
For any interested coach

- ⇒ *HELP! I've never coached soccer before.*
Information for the beginner coach

LMVSC Coach Development Clinics will be run by:

Bob Bigney

- LMVSC Director of Recreational Soccer
- US Soccer A License, National Youth License and Grassroots Instructors License
- 30+ years of coaching soccer at all levels
- Former Elementary School Teacher

For more information,
contact Coach Bob at:

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